



Daybreak Therapy and Training
liberate your potential™

Adventures in Quantum Journeying with Trance-Focused therapy

***Pre-Requisite: Foundational training in Clinical Counselling
Hypnotherapy or equivalent***

DAY 1: THURSDAY March 18th, 2021

Time	Agenda
10 - 12:30 p.m.	<ul style="list-style-type: none">- Introduction, Welcome and Intention Setting- Overview of a quantum framework in clinical counselling: key considerations- Summary of research and key influences from quantum science and transpersonal psychology
12:30 p.m.	<ul style="list-style-type: none">- Lunch on your own / B R E A K
2:00 - 5:00 p.m.	<ul style="list-style-type: none">- Embedding quantum journeying into the therapy process- Assessment and intake considerations- The role of clinical hypnosis / trance work- Considerations for inductions/deepeners- Role play /demo

DAY 2: FRIDAY March 19th, 2021

Time	Agenda
9:30 - 12:30	<ul style="list-style-type: none">- Playing with timelines: past, present, future and parallel realities- Emphasizing Soul signature and role of quantum healing- Reflective exercise / demo
12:30 p.m.	- Lunch on your own / B R E A K
2:00 - 5:00 p.m.	<ul style="list-style-type: none">- Walk through of protocol #1 with hand-out- Practice Session

DAY 3: SATURDAY March 20th, 2021

Time	Agenda
9:30 - 12:30	<ul style="list-style-type: none">- Walk through of protocol # 2 with hand-out- Clinical Demo- Q and A
12:30 p.m.	- Lunch on your own / B R E A K
2:00 - 5:00 p.m.	<ul style="list-style-type: none">- Clinical Reflection Exercise- Group Practice Session- Spring Equinox Group Meditation

