

# Pre-Conference Program

## November 3rd-5th, 2020

### Tuesday November 3rd, 2020

**Session #1 with Phillip Jacobs: *The Spirit of Transcendent Healing***

Time: 4:00 p.m. - 5:00 p.m. ET / Toronto time

**Session #2 with Karen Day: *A Light-Worker's Guide to Psychotherapy***

Time: 7:00 p.m. - 8:00 p.m ET /Toronto time

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### Wednesday November 4th, 2020

**Session #3 with Janet Haughton: *Mind-Body-Spirit Practices & Clinical Counselling***

Time: 2:00 p.m. - 3:00 p.m. ET / Toronto time

**Session #4 with Cedric Speyer: *Applications of a Psychospiritual Model in Therapeutic Practice***

Time: 4:00 p.m. - 5:00 p.m ET /Toronto time

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### Thursday November 5th, 2020

**Session #5 with Linda Tilley: *Integrative Rx for Sleep Disorders***

Time: 11:00 a.m.. - 12:00 p.m. ET / Toronto time

**PRE-CONFERENCE WORKSHOP** 

**Topic: *Mind-Body Continuum in Complex Trauma and Chronic Pain***

Teacher: Dr. Mark Weisberg, Ph.D., ABPP

Time: 2:00 - 5:00 p.m. ET/Toronto time.